Report

(LTT2) HEIs support and regulations of students support services – Transnational workshop

University of Foggia

November 3rd – November 5th, 2022

Università di Foggia

Version	Date	Author (Partner/Person)	The revision summary
V1	09/11/2022	University of Foggia, Piergiorgio Guarini and Benedetta Ragni	First draft of LTTA2 report developed
V2	15/11/2022	University of Kragujevac, Katarina Bogdanovic, University of Foggia, Piergiorgio Guarini	First draft reviewed and corrected. Second draft of LTTA2 report developed.
V3	16/11/2022	University of Kragujevac, Katarina Bogdanovic, University of Foggia, Piergiorgio Guarini	Second draft reviewed, final version adopted

Introduction

As it was planned by the project application, in M12 of the project lifespan, a 3-day study visit to present and discuss the results of the DigiPsyRes project so far and to organize the next steps for the incoming tasks, has been held at University of Foggia. Though the UNIFG was the host, the content of the workshop was realized as a collaborative workshop of the staff from three universities.

Workshop moderators and trainers were researchers-participants from UNIKG, UFG and UKW. Participants of the workshop were university staff from UKW, UNIFG, UNIKG and students from UNIFG, and Professors with professional expertise in psychological and digital resilience, such as Professors Annamaria Petito and Giovanna Celia. Attendees of the workshop were provided with certificates of participation in the three-day training program.

The intended training goals were achieved. The training was focused on the development of a structure for the first draft of the "Guide for Digital and Psychological Resilience Support Networking" (R3) and to start planning the structure of the training, both "Training programs, teaching materials and e-courses: Training for peers' support to improve psychological and digital resilience by networking" (R4) and "Manual for training program Step by step from trainees to trainers: Training for peers' support to improve psychological and digital resilience by networking" (R5).
The outcome of present and demonstrate the work of the supportive services at the University of Foggia was also achieved. Professors Giovanna Celia provided a summary of the history of the UNIFG psychological counseling with data and questionnaire provided to people who asked for the service after their experiences; Professor Annamaria Petito provided an overview of the future perspectives and objectives of the psychological counseling for the next two years.

The impact of the workshop will be used mainly for developing R3 and R4 as already mentioned. Based on this workshop some initial steps in planning the training, the guide and the manual have been made.

The list of attendees

The number of representatives from three partner institutions that participated in the LTT2 was 14 altogether:

1. University of Foggia 8 participants – 3 teachers/researchers, 5 PhD students:
   Piergiorgio Guarini (PhD student)
   Benedetta Ragni (research staff)
   Giovanna Celia (teaching staff)
   Annamaria Petito (teaching staff)
   Eugenio Trotta (PhD student)
   Gianluigi Serio (PhD student)
   Antonella Calvio (PhD student)
   Roberta Stallone (PhD student)
2. University of Kragujevac 4 participants – 4 teachers/researchers
   Darko Hinić (teaching staff)
   Milica Stojković (teaching staff)
   Ivana Krsmanović (teaching staff)
   Dragana Bjekić (teaching staff)
3. Kazimierz Wielki University 2 participants – 2 teachers/researchers
   Kamila Litwic-Kaminska (teaching staff)
   Lukasz Brzezinski (teaching staff)

Description of event

(LTT2) HEIs support and regulations of students support services – Day 1 (November 3rd 2022)

The first day of the workshop was opened by Piergiorgio Guarini, PhD at University of Foggia and active member of the project. Unfortunately, the University of Foggia Rector Prof. Pierpaolo Limone and Prof. Giusi Antonia Toto weren't able to come by and have ceremonial greetings, due to administrative commitments.

Following the initial greetings, all the partners recapitulate about the last achievements of the project, that means the publications at the 2022 TIE Conference, and then the partners started discussing about the next opportunities for publications. Dr. Benedetta Ragni from University of Foggia explained the call for papers of the journal "name of the Journal" in which she and Prof. Pierpaolo Limone are Guest Editors. That means that they can present one paper each for free. The partners accepted this possibility, and they started agreeing about the topics of the papers and the division of the participants in this project into two groups that will work on the different papers. Although the partners reached an agreement about the topics – one paper will deal with the psychological resilience, involving the participants belongin to psychological area, the other one will deal with the digital resilience, involving the participants that don't belong to psychological area – they did not reached an agreement about the division in teams. A table with the topics has been uploaded on Trello, asking to people to put themselves in the topic they prefer.

Later on, the Serbian delegation gave a complete overview of the next Results that the project must achieve: they explained the difference btween the "Guide for Digital and Psychological Resilience Support Networking" (R3) and the "Manual for training program Step by step from trainees to trainers: Training for peers' support to improve psychological and digital resilience by networking" (R5), and they also presented the structure that "Training programs, teaching materials and e-courses: Training for peers' support to improve psychological and digital resilience by networking" (R4) they already had in mind, but leaving eventual changes and modification to the workshop session. The partners agreed on a little agenda change, and the workshop session was moved from the first day to the second, right after Prof. Annamaria Petito presentation.

After the break, Prof. Giovanna Celia and Piergiorgio Guarini hosted the last part of the day, "Presenting the University of Foggia Psychological Counseling Service". Although there should have been students association telling about the peer support they provide, Piergiorgio explained that since these associations provide a peer support about administrative problems or issues and that they provide help to students struggling in their studying and exam preparation. For these reasons, since it was obvious that the students association peer support don't fit with the objectives and goals of the project, they were actually not invited.

Then, Prof. Giovanna Celia provided her presentation about the Psychological Counseling Service in the University of Foggia. She made an overview about the Service from its planning to its realization and she could provide to the audience post-service questionnaire result to the audience, showing how many persons asked for the service (+200 in 2 years) and if they felt the Service helpful or not.

After the presentation, there was time for a Q&A session, whit reflections about the importance of this kind of service, and the commitment needed th carry it on. The presentation was appreciated by all the partners, especially from the Serbian delegation who took the opportunities to ask some questions to Prof. Giovanna Celia, because they told the partners that they don't have such kind of Service at University of Kragujevac, and they're trying to propose and implement something like this.

After the Q&A session, Piergiorgio Guarini presented the new plan for the 2nd day agenda and the workday was called off.

(LTT2) HEIs support and regulations of students support services – Day 2 (November 4th 2022)

The second day of the workshop was opened by Prof. Annamaria Petito presentation about Future Perspectives for the Psychological Counseling Service. After the presentation, there were no questions from the audience.

After Prof. Annamaria Petito presentation, there was the presentation from Kamila Litwic-Kaminska, UKW, about "Training programs, teaching materials and e-courses". The presentation was very helpful and it was used as a guide during the workshop.

Then, the workshop session began. The workshop session was about a discussion about the structure that the "Guide for Digital and Psychological Resilience Support Networking" (R3) and the "Training programs, teaching materials and e-courses: Training for peers' support to improve psychological and digital resilience by networking" (R4) must have. The 8 participants divided themselves in 2 groups. In one there were Ivana Krsmanović and Dragana Bjekić from UNIKG and Kamila Litwic-Kaminska and Lukasz Brzezinski from UKW; with them there were Eugenio Trotta and Gianluigi Serio, PhD students in psychology from UFG. In the other group there were Piergiorgio Guarini and Benedetta Ragni from UFG and Darko Hinić and Milica Stojković from UNIKG. The workshop sessions last until lunch.

After lunch, the two groups continued discussing. Even if the time forseen for the day was almost over, Milica Stojković proposed to continue workin, in order to end the sessions and than make a joint discussion about the similarities and differencies between the proposals for the "Guide for Digital and Psychological Resilience Support Networking" (R3) producted by the two groups. The participants agreed. Ivana Krsmanović and Piergiorgio Guarini presented the minutes from the workshop sessions and the participants agreed on the merging of the two proposals. The merged draft of the structure has been uploaded on Ivana Krsmanović flashdrive. The participants agreed on the following plan: Ivana Krsmanović will merge the Guide structure proposal in a single draft, upload it on Trello, and every participant in the project will pick the section that fits the most with him/her topics and work on it.

The participants agreed also on the structure of the "Training programs, teaching materials and e-courses: Training for peers' support to improve psychological and digital resilience by networking" (R4).

(LTT2) HEIs support and regulations of students support services – Day 3 (November 5th 2022)

The third day consisted in the summary of the results of the workshop sessions, and in writing down the next steps, persons in charge of the future tasks and deadlines.

There was made a first proposal of authors division for the next papers that have to be written (in the call for papers presented by Dr. Benedetta Ragni in day 1). The two teams are divided per topic, which are Psychological Resilience (Pierpaolo Limone, Bendetta Ragni, Kamila Litwic, Milica Stojkovic, Lukasz Brzezinski) and Digital Resilience (Darko Hinic, Piergiorgio Guarini, Giusi Toto, Pierpaolo Limone, Marjan Milosevic). The teams will be updated with other authors as soon as the member of the Consortium that didn't attend the meeting make their choice.

The participants agreed on the next deadlines, which are:

- March/April 2023: first draft of the structure of the program, references, resources, topics;
- May 2023 (ante LTTA3 in Poland): communication/comment about the draft;
- June 2023: official draft version of the program
- October 2023: final version of the program

These agreements and notes concluded the activity.

Conclusion

Precious time that the workshop provided was wisely used to improve the cooperation, provide a chance for acquiring the knowledge necessary for the implementation of the project, as well to work jointly on improving the quality of the results, exchange ideas and create a sense of common ground and a common starting point for the future activities. The workshop opened up new areas which ought to be tackled in the following period.

Gallery

(LTT2) HEIs support and regulations of students support services – Day 1 (November 3rd 2022)

(LTT2) HEIs support and regulations of students support services – Day 2 (November 4th 2022)

(LTT2) HEIs support and regulations of students support services – Day 3 (November 5th 2022)