# Report

# LTT5 Training/workshop

# "Digital security, digital resilience and networking – implementation for support services"

## University of Kragujevac, Serbia

## February 26-28, 2024

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# Introduction

According to the project application, the final Learning, Teaching, and Training (LTT) activity for the last year of the project was a 3-day study visit aimed at presenting and discussing the context of peer support for resilience in digital networking (specifically focusing on digital security). This visit took place at the University of Kragujevac, with UNIKG acting as the host institution. However, the workshop's content was developed collaboratively by staff from three universities. This activity served as a mobility opportunity for the training of expert teams.

LTT5 has been structured as a 3-day study visit featuring a training workshop titled “Digital security, digital resilience, and networking – implementation for support services.” During this workshop, experts from the fields of IT, computer networks, and digital security, alongside trained IT educators and university teachers specializing in these areas, conducted sessions focusing on digital security, data protection on the internet, and digital (non)resilient behaviour on the network.

The main results of the workshop were based on the exchange of experiences among three universities in the field of IT education and research. hese outcomes included the development of a framework for digital security and protection within the context of digital resilience on networks for peer support. Additionally, insights gained from the international pilot training (Project Result 6) contributed significantly to the workshop’s findings. The most important expected impact of the workshop will be recognized in the modification and enhancement of the training subprograms B “Digital resilience and networking“ and C “Horizontal psychological support in the digital network and ethical framework“. This impact will be reflected in the refinement of training materials, scenarios, modification manuals, and the establishment of network coordinators' teams.

The workshop moderators and trainers were researchers-participants from UNIKG, specializing in various fields such as IT security, computer networking, safety on the internet, and Learning Management Systems (LMS). Additionally, teaching staff from the humanities field were involved in facilitating the workshop sessions.

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The intended training goals were achieved. The training outcomes were also achieved.

The impact of the workshop will primarily contribute to the development of R7 and R9, while also aiding in the finalization of R3 (Guide) and R5 (Manual). Some operationalized recommendations for the improvement of the training program and its future realization are the most important contributions of the LTT5.

Therefore, the results of the LTT5 will be used especially for:

- Enhancing the peer support digital network and portal (R9);
- Final modification for the implementation of the program “Step-by-step from trainees to trainers: Training for peers’ support to improve psychological and digital resilience by networking)” as national trainings with an expert team in the role of trainers (R7);
- Realization of national trainings with students/trainers: Student/trainers peer training and supervision “Step-by-step from trainees to trainers: Training for peers’ support to improve psychological and digital resilience by networking” (R8).

Following the workshop, operationalized directions and tools for advancing students' peer support networks and partner university teams for students' peer support will be furnished.

At the end of the activity, a discussion of the workshop impact was realized. Participants confirmed the usefulness of the LTT5 for the following project steps.

## The list of attendees

The twenty four representatives from three partner institutions participated:

- University of Kragujevac, Serbia:
  1. Lena Tica, teaching staff;
  2. Darko Hinić, teaching staff;
  3. Marjan Milošević, teaching staff;
  4. Miloš Ivanović, teaching staff;
  5. Mirjana Beara Benjak, teaching staff;
  6. Dragana Bjekić, teaching staff;
  7. Katarina Mitrović, teaching staff;
  8. Lidija Paunović, teaching staff and participant of the international pilot training;
  9. Valentina Radulović, student – participant of the international pilot training,
  10. Anđelka Stanišić, student – participant of international pilot training;
  11. Milica Umejić, student – participant of the international pilot training;
  12. Nikola Vuković, student – participant of the international pilot training.
- University of Foggia, Italy:
  13. Maria Grazia Mada Logrieco, teaching staff,
  14. Francesco Sulla, teaching staff,
  15. Paride Vasco, PhD student and teaching staff,
  16. Marco di Furia, PhD student,
  17. Andreana Lavanga, PhD student.

Online:

- Kazimier Wielki University, Bydgoszcz, Poland:
  18. Aleksandra Blachnio, teaching staff, Kazimierz Wielki University;
  19. Łukasz Brzeziński, teaching staff, Kazimierz Wielki University;
  20. Izabela Kapsa, teaching staff, Kazimierz Wielki University;
  21. Kamila Kitwic-Kaminska, teaching staff, Kazimierz Wielki University;
  22. Jakub Kopowski, teaching staff, Kazimierz Wielki University;
- University of Kragujevac, Serbia:
  23. Ivana Krsmanović, teaching staff, University of Kragujevac;
  24. Milica Stojković, teaching staff, University of Kragujevac.

# Description of event

The fifth and final Learning, Teaching and Training activity for members of the Erasmus+ international team of the project "Enhancing Digital and Psychological Resilience through Peer Networking in the Online Environment in Times of Crisis" took place from February 26 to 28, 2024, at the Rector's Office of the University of Kragujevac. The hosts of this event were teachers, students, and associates from the Faculty of Technical Sciences in Čačak, as well as the joint study program in Psychology, alongside a team from the Office.

During this training, workshops were conducted with the aim of showcasing the international pilot training program titled "Step by step: from trainee to trainer in the student support network". This training program was implemented in a hybrid mode simultaneously at all three partner universities during December 2023 and January 2024. Furthermore, the training focused on further developing a secure network and portal for student support within university settings.

The moderator of the LTT5 was Lena Tica, UNIKG.

## LTT5: Digital security, digital resilience and networking – implementation for support services – First day (February 26, 2024)

The collaborative atmosphere fostered during the project's realization, particularly evident during LTT3 at UNIKW and LTT4 at UNIFg, set the stage for the commencement of LTT5. The first day of LTT5 began with a meeting of the cohesive project team comprised of members from all three partner universities, present in person and online.

Following the welcoming procedures, a review of project activities between LTT4 and LTT5 took place, with representatives from all three universities offering their perspectives. The primary focus during this period was on the pilot training (R6), with presenters from each university sharing insights into its preparation, execution, and evaluation. Additionally, info days were conducted during this timeframe, with teams from Poland and Serbia hosting events at their respective universities in December 2023 and January 2024. These info days served to introduce the project to students, university staff, and stakeholders. They provided detailed information on project activities, outlined plans for national training sessions for student providers, and extended invitations to join the network. Presenters elaborated on the procedures for invitations, materials used, preparation efforts, attendance figures, venue details, and showcased video recordings and photo galleries from these events. These info days were instrumental in raising awareness about the project, engaging stakeholders, and fostering participation in planned activities. It is anticipated that the events like these will have a significant impact on the project's outreach and engagement. With over 200 attendees present at these events, and expectations of further participation, particularly at the University of Foggia, the project stands to gain increased visibility and interest. This heightened engagement is crucial for fostering a robust network of support and collaboration among students across the partner institutions.

Furthermore, the first day of the training was also dedicated to presentations focusing on the key roles of the IT centre in ensuring digital security within the university network, which included a comparative analysis of security aspects across the three partner universities. This thematic focus underscores the importance of digital security in academic settings and the shared commitment among the partner institutions to address this crucial aspect.

The second part of the first day began with a lecture and workshop on digital security, led by guest expert Prof. Miloš Ivanović, a full professor from the University of Kragujevac, Faculty of Sciences. His

presentation titled “The Roles of the IT Centre in the Context of Digital Security of the Network and University Network Service” sparked lively discussion among participants.

During these discussions, partners compared the digital security models implemented at their respective universities. They identified similarities, differences, and limitations, which are crucial considerations for the ongoing development of the project portal and peer support network. This comparative analysis provided valuable insights into best practices and areas for improvement in digital security across the partner institutions.

The final portion of the first day of LTT5 centered on the presentation titled “Getting to Know the PORTAL: Further Development and Ideas for Improvement, Establishing a Team of Editors.” This session, led by Ivana Krsmanović (participating online) and Marjan Milošević, aimed to explore the portal, discussing potential enhancements and strategies for establishing an editorial team.

Following this presentation, the day concluded with an informal meeting—an Info Day—between the international project team and students of the Psychology study program, a joint program of the University of Kragujevac. This meeting provided an opportunity for project members to engage with students, share information about the project, and encourage their involvement in project activities, including the development of digital security measures and the peer support network.

## LTT5: Digital security, digital resilience and networking – implementation for support services – Second day (February 27, 2024)

The second day of this training was dedicated to the improvement, supervision, and sustainability of the network of student horizontal support and the realization of national trainings “Step by step from trainees to trainers” at all three partner higher education institutions: the University of Kragujevac, the University of Kazimierz Wielki in Bydgoszcz in Poland, and the University of Foggia in Italy.

After the reports on the international pilot training implementation, presented by Lena Tica, Kamila Litwic-Kamińska, Marjan Milošević and Ivana Krsmanović, as well as reflections from participants and students on the training, which were gathered through online reporting, video records, and in-person reporting, the central part of the second day of LTT5 was the workshop titled “Improving subprogrammes A, B, C”.

Moderated by Mirjana Beara Benjak, the workshop aimed to refine and enhance the existing subprograms A, B, and C. Participants, including members of the project team, training participants, and PhD students, engaged in interactive discussions that yielded valuable recommendations for improving the training programs.

Discussions were comprehensive, covering all three training programs and providing insights into areas for enhancement. The diverse composition of workshop participants, which included both project team members and trainees, enriched the discussions with firsthand perspectives and experiences. This inclusive approach ensured that the recommendations reflected a thorough understanding of the training dynamics. The participation of individuals from different institutions like UNIKG and UNIFG on-site, along with online involvement from UKW attendees, contributed to a broad spectrum of viewpoints and feedback. It is important to note that for all three programs participants expressed satisfaction with the content but highlighted challenges related to time management and group coordination.

However, it’s worth noting that these issues are expected to be mitigated for Project Results 7 and 8, as there won’t be a synchronous online component. Each trainer/facilitator will have more autonomy over their time management, potentially resolving the challenges associated with simultaneous group

work and waiting times. Most of the recommendations were formulated for program B "Digital resilience and safety" – the central topic of LTT5. Specific recommendations are included in the Report of realization international pilot training - Result 6 "Pilot training: Step by step from trainees to trainers." They address various aspects such as content, methodologies, delivery, and participant engagement, with the goal of improving the overall learning experience and outcomes for trainees.

## LTT5: Digital security, digital resilience and networking – implementation for support services – Third day (February 28, 2024)

The third day of LTT5 focused on the road map for the following activities: realization of R7, R8, The focus of the third day of LTT5 was on developing the roadmap for upcoming activities, particularly the realization of R7, R8, finalizing R3, R5, and emphasizing the DigiPsyRes Network and Portal (R9).

The plan for the implementation of R7, presented by Izabela Kapsa as a representative of the leading partner, University Kazimierz Wielki, was a pivotal discussion point. The Polish team raised important questions regarding training implementation, sparking a constructive dialogue aimed at exploring practical solutions for the entire program, including e-courses and training sessions.

The plan for R8, involving training where students will act as trainers, was intricately linked with the implementation plan for R7 by expert teams. Practical solutions for program execution were discussed, applicable to both types of training. Timeframes for these activities, participant invitation procedures, and the structure of training sessions were deliberated upon.

Given that these trainings will be conducted in national languages, emphasis was placed on translating the content for all courses. Additionally, discussions focused on the joint report for all three universities, ensuring comprehensive documentation of the results and activities undertaken as part of R7 and R8.

In alignment with the primary focus of LTT5 on digital security and networking, a significant outcome of the third day was the establishment of two teams: the team for monitoring peer support students DigiPsyRes network and the team for management and coordination of the portal and peer support networking.

**Team for monitoring DigiPsyResNetwork**

Trans-universities team/committee for monitoring the international DigiPsyResNetwork in the initial (project) phase consists of the representatives of three universities:

- Representatives of the DigiPsyRes project team: Milica Stojković (UNIKG), Aleksandra Blachnio (UNIKW), Maria Grazia Logrieco (UNIFG);
- Representatives of the university staff: Milica Spasojević (UNIKG centres staff), Jakub Kopowski (UNIKW staff), Piergiorgio Guarini (UNIFG staff);
- Representatives of the students Anđelka Stanišić (UNIKG), Kataryna Chiechanowska (UNIKW), Paride Vasco (UNIFG).

**Team for coordinating DigiPsyResNetwork and DigiPsyRes portal**

The team for portal and network coordination (network management team) consist of the members of project expert teams from three universities:

- Network coordinator: Ivana Krsmanović, UNIKG;
- Specialized network coordinators:

- Specialized programme and communication network coordinators: Lena Tica, UNIKG, and Łukasz Brzeziński, UKW;
- Specialized technical network coordinators: Marjan Milošević, UNIKG.

- Network coordinators at the universities:
  - University of Kragujevac:
    - Programme and communication network coordinator: Milica Stojković;
    - Technical network coordinator: Marjan Milošević;
  - University of Kazimierz Wielki:
    - Programme and communication network coordinator: Izabela Kapsa,
    - Technical network coordinator: Jakub Kopowski;
  - University of Foggia:
    - Programme and communication network coordinator: Marco di Furia,
    - Technical network coordinator: Luigi Tateo.

## Conclusion

In conclusion, LTT5 provided valuable time that was wisely utilized to strengthen cooperation among project partners, acquire essential knowledge for project implementation, and collaboratively enhance the quality of project results. It served as a platform for exchanging ideas, fostering innovation, and creating a sense of common purpose and shared objectives for future activities. Through interactive sessions, informative presentations, and engaging discussions, participants had the opportunity to deepen their understanding of digital security and networking concepts, share best practices, and identify areas for improvement. The development of roadmaps for future activities, including upcoming trainings and improvements to programs following the pilot phase, further solidified the workshop's significance.

Notably, the establishment of teams dedicated to monitoring and maintaining the network and portal represents an important outcome of LTT5. These initiatives are essential for ensuring the sustainability and effectiveness of project efforts beyond the workshop.

Overall, LTT5 yielded significant results that will contribute to the continued success and impact of the project.

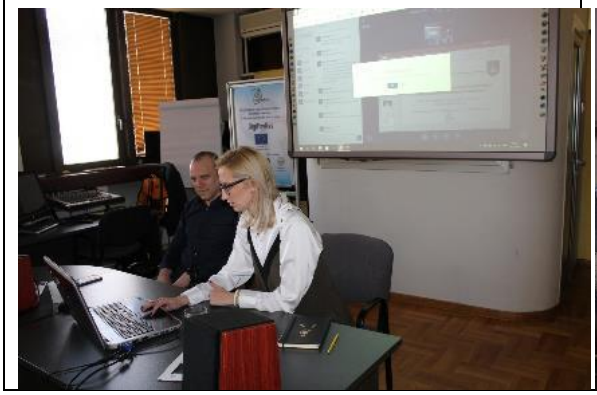
# Photogallery LTT5

The video "LTT5 - three-day transnational meeting focused on digital security, digital resilience, and networking" was prepared by Marco di Furia, attendee from the University of Foggia.

See the video on the https://www.linkedin.com/feed/update/urn:li:activity:7168733121180221441/

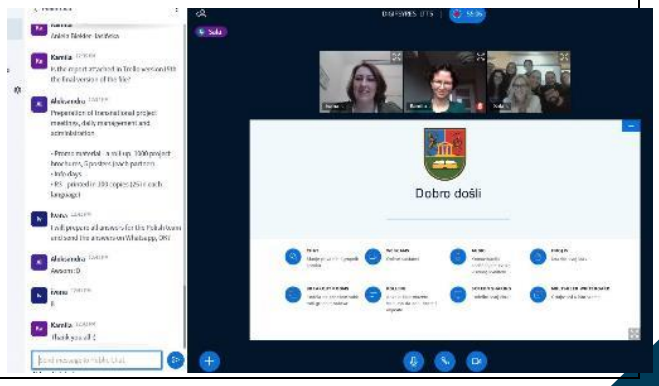
See photos on the https://www.facebook.com/digipsyres2022

## LTT5 – First day (February 26, 2024)



## LTT5 – Second day (February 27, 2024)

## LTT5 – Third day (February 28, 2024)



## LTT5 – Activites with the students of the Department of Psychology – Info Day DigiPsyRes